

Saint Bernard's Catholic High School

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Enrichment Brochure
Autumn Term 2022-23

Saint Bernard's Catholic High School



Dear Parent/Carer

Welcome to our enrichment brochure for the autumn term of this academic year. We are delighted to be able to offer some exciting clubs and hope that you will enjoy browsing the brochure with your child.

Autumn term enrichment will begin the week beginning 19th September and ends on Friday 2nd December. Unless otherwise advertised in the brochure, the sessions run Tuesday-Thursday after school 3-3.45pm.

We are asking your child to sign up for their chosen activities via the google docs link which has been sent out to you via text message. Please note that, unless they wish to select lunchtime and after school clubs, your child can only sign up for one activity per day and that the deadline for submitting choices is Monday 12th September.

Should you need any financial assistance to support your child's attendance at an enrichment activity, please do not hesitate to contact our Associate Principal, Mrs Crawford. We are sure that your son/daughter will find the new activities exciting and engaging.

Thank you for your continued support; we are looking forward to welcoming our wonderful students back to a new block of enrichment at St. Bernard's.



Y7 Gaming Club

Do you want to play multiplayer/co-op games on the Nintendo Switch? A different game each week? Come along and enjoy some Mario Karting; Ultimate Chicken Horse; Smash Bros.; Bomberman; and Overcooked 2 to name a few. If you want to play Minecraft while you wait for your turn, that's fine too. Please note that in order to give as much playing time to individuals as possible, this group is restricted to 12 people.

Staff member/s running club: Mr Clark

Day/time: Wednesday Place: ICT1

Y7 Netball

Come and join the Year 7 Netball team! Even if you are new to netball, you can come along to develop your skills and make new friends. The sessions will be fun and active, helping you to learn the rules of the game. If you have any questions, please just ask Mrs Collins.

Staff member/s running club: Mrs Collins

Day/time: Thursday Place: Sports hall/outside

Year 7 Football Team

This club will operate by selection and is not open to all students. If selected, you will represent the Year 7 Football Academy and play in local school fixtures.

Staff member/s running club: Mr Russell

Day/time: Wednesday Place: Field

All Years Rugby

This will be open to boys from all years. There will be festivals run by Rotherham Titans where we will go and play against other schools. When we receive the fixtures they will be added to the school calendar and displayed on posters in the sportshall.

Staff member/s running club: Mr Tattershall and Mr Russell

Day/time: Thursday Place: Herringthorpe Playing Fields

Learning Zone

Are you someone who struggles to revise? Are you someone who wants support from teachers or friends to revise? Would you benefit from a quiet space to get your work done? If the answer to any of these questions is 'yes', then Learning Zone is the place for you! Come and get support with revision techniques that actually work. Come and get support from teachers, older students, or your friends with learning you are finding tough. Come and get your work done before you get home, leaving you more free time to relax. Take your learning to the next level!

Staff member/s running club: Mr Lovell, Mrs Senior and friends!

Day/time: Monday - Friday Place: Library

Lacrosse

Calling all Year 7 and 8 students: Do you want to build your fitness, agility and coordination? Enhance your communication skills? Try a new team sport? POP Lacrosse is a mixed 5-a-side non-contact game with easy to understand rules; it is fast paced and fun to play. Join "the fastest game on two feet", pick up a stick and score some goals! Limited availability - book on early!

Staff member/s running club: Mrs Townson

Day/time: Tuesday Place: School field

#Geog Exploration!

If you want to explore and find out more about places around the world, come along to #Geog Exploration! We will be discovering more about the wonderful world around us, exploring some of the most fascinating and mysterious places on planet Earth. You will have an opportunity to plan your own global journey finding out more about the locations you would love to visit!

Staff member/s running club: Mrs Marshall

Day/time: Wednesday Place: 2.6

Board Game Club

Haven't a Cluedo what to do on a Tuesday evening? Time to Check in with your Mates and take a Risk at Board Game Club. You'll not only challenge your Craniums as you Scrabble to be the most Articulate player in the room, you'll also get creative as you Buckaroo your reliance on technology and let your mind Boggle over Pictionary instead. Step Backgammon in time to a world before smartphones had such a Monopoly on your life, when people ate biscuits and talked utter Balderdash over a hotly contested game of Battleships! Think we're talking a load of Ker-plunk? Did you know that playing board games has been proven to improve your Patience, bust stress and enhance your ability to Connect (4) with others. So, whatever your Scattergory and however Trivial your Pursuit, come along and try your Poker hand at becoming numero Uno. Guess Who's running it?

Staff member/s running club: Mrs Power and Mrs Marshall

Day/time: Tuesday Place: M1

European Cookery

Learn to cook some fabulous European dishes to impress your family and friends! A delicious way to end a Thursday!

Staff member/s running club: Mrs Winter

Day/time: Thursday Place: D4

DT Workshop Skills

This is a great opportunity for you to get involved in using a variety of tools, equipment, machines and materials within the Design Technology workshop. You will have the opportunity to learn new skills and techniques whilst also completing an end product of a wooden game called Tic Tac Toe.

Alongside this you will learn how to use the different tools, equipment and machines confidently and safely. You will develop your team building skills, design skills and learn how to work better independently.

Staff member/s running club: Mrs Green

Day/time: Tuesday Place: D1

Mindful Crafting

Mindful Crafting includes the opportunity to be creative and to relax in the following ways: creating gratitude jars, positive affirmations in the form of posters or laminated cards, creating a worry box, having brain breaks, colouring in, decopatching, planting seeds, creating a courage jar, simple forms of meditation and guided relaxation, exploring the power of lavender, creating a gratitude game, discussing positive role models and even participating in putting a jigsaw together! All of these activities will enable us to deal with the daily stresses of life, whether that be friendship issues, exam stress or simply feeling anxious about the day ahead. Mindfulness can help us enjoy life more and provides us with the tools for life such as: empathy; self-compassion; emotional resilience and tolerance.

Overall, it simply helps us to understand ourselves better! Together, we can take steps to develop mindfulness in our own lives and improve our mental well-being!

Staff member/s running club: Mrs McArdle-Dobson

Day/time: Tuesday Place: E.4

Harmony Heights

Can you sing? Would you like to sing? Why not join our harmony group where we sing everything from the tune to the accompaniment? Who said you need instruments to make music when you have a bunch of voices working in harmony? It's a great way to meet new people, experience different song choices, build in confidence and self esteem and challenge your own abilities and talents. Ever wanted to take a vocal lead? Well now could be your chance. Sign up today and get involved in the musical life at St Bernard's, including our upcoming concerts and shows.

Staff member/s running club: Mrs Beck and Miss Giblin

Day/time: Tuesday Place: G3

Dance Troop

If you enjoy dancing why not join our dance troop? You will learn new techniques and styles of dancing including Irish and Street and it's a great way to spend your time and keep fit. You can develop your confidence, team building skills and share your own skills and talents with others. Whether you are a beginner or an advanced dancer you will learn new things, meet new people and have a good giggle in the process. This group provides fun, exciting and rewarding opportunities within the school and wider community. Before it's too late, give our dance troop a chance in your life. We'd love to see you!

Staff member/s running club: Mrs Ratcliffe

Day/time: Tuesday Place: Hall

Rockjam

Can you sing or play an instrument? Would you like to learn? If so, we need you!

Everybody is welcome, whether you are a beginner or an advanced performer. You will learn and play a variety of songs from all styles of music and will aim to get you involved in as many school performances and events as possible. You will meet new people and it is a great opportunity to mix with students from all years. You will be able to share and showcase your own talents and skills. If you are interested, please come for a trial and have a fun filled jam!

Staff member/s running club: Graham

Day/time: Thursday Place: G3

Musical Theatre

Can you sing, dance and act? Everybody is welcome and no experience is necessary. We will rehearse and develop a number of performances to go towards our school concerts, events and trips. Vocal and Musical Theatre is the place where you can boost your confidence, learn some performance techniques, develop a skill or learn a new one, meet amazing people and have endless fun!

Staff member/s running club: Mrs Beck & Mrs Ratcliffe

Day/time: Thursday Place: Hall

U14 Rugby Academy (Y7-9)

This will be a SELECTION only Rugby Academy U14s squad. The squad will play competitions against local schools.

Staff member/s running club: Mr Tattershall

Day/time: Thursday Place: PE

This girl can!

Health and fitness have never been more important! Your physical health will always have an impact on your mental health. By joining this club you will be looking after your mind and body. We will aim to follow the Couch to 5k programme, getting outside of the school gates and seeing our local area. You will be able to socialise, chat and feel that sense of achievement each week as your ability and confidence grows. This club is suitable for all abilities from beginners to regular runners. (Please change into your PE kit promptly at the end of P5 and meet in reception at 3.10pm)

Staff member/s running club: Mrs Wilkinson

Day/time: Tuesday Place: Meet at reception at 3.10pm

Year 7 Football

Y7 Football Enrichment provides students with the opportunity to play for the school football team if selected by Mr Geoghegan .

Staff member/s running club: Mr Geoghegan

Day/time: Wednesday Place: Field

The Fictionists

Do you love big books and you can not lie? If the answer is yes, then drop in to E1 on Wednesdays and become a part of 'The Fictionists.' We are a book club committed to celebrating diverse voices in literature. All are welcome who bring an open mind!

Staff member/s running club: Miss Wan

Day/time: Wednesdays Place: E1

JX10 Wednesday Mission Club

Fun, food, faith and friendship - these are all guaranteed at the Monday Mission Club!

Our aim is to make a positive difference to others, whether they are in our school, in our community or somewhere in our world.

What you do always makes a difference, you just have to decide what kind of difference you want to make. Let's try and make our world a better place to be.

Staff member/s running club: Tammy

Day/time: Wednesday Place: S7

Harry Potter Club

Are you potty for Potter? Look no further than Harry Potter club, where we'll enhance your reading skills, do fun arts and crafts, have movie days and even get to see what Hogwarts house you'll be in!

Staff member/s running club: Mrs Roebuck

Day/time: Tuesday Place: E2

Puzzles and Games Club

Come and play games like Uno, Kerplunk, Dobble, and more or have a go at a jigsaw. Challenge the Maths staff. Bring your friends or come and make new ones.

Staff member/s running club: Mr Randall and Mr Crichton

Day/time: Monday lunch Place: 1.4

Reading Club

Come and read books like The Dragon Sitter series, The Treehouse Storey Series and more with Mrs Doyle. Opportunities to engage with or even meet real life authors.

Staff member/s running club: Mrs Doyle

Day/time: Monday lunch time Place: 1.3

Trading Card Games Club

Interested in learning TCGs such as Pokemon, YuGiOh or Magic? Already interested but want a place to practise and get better, or simply have a place to discuss your favourite cards? Come on down to the TCG club, where we will host games and discussions, watch videos from the top content creators for these games, see what it takes to plan tournaments and play in these events, as well as looking at where we can play these games in the local community! Anyone is welcome!

Staff member/s running club: Mr Hill

Day/time: Monday - Room: TBC

Table Tennis

This is a wonderful opportunity for students who want to develop their Table Tennis skills (especially GCSE PE students). Students will receive professional coaching from Inclusive Ping Pong. This will also be a session for the St Bernard's Academy Table Tennis Team to train.

Staff member/s running club: Inclusive Ping Pong

Day/time: Monday Place: Sports Hall

Boxing

This is a wonderful opportunity for students to work with coaches from Millennium Boxing and learn some of the skills related to boxing in a safe and fun environment.

Staff member/s running club: Millennium Club Boxing

Day/time: Monday Place: Activity Studio

Textiles Therapy

Would you like to try out textiles? Would you like to learn some new techniques and skills? Thinking of it as an option? Well... if you love art and enjoy being creative why not come along and try out Textiles Therapy? We will teach you a variety of new techniques while making something for you to take away at the end of the sessions. Previous projects have included bags, bunting and wall hangings. We will decide a project together once we all meet and get to know each other. Any questions please come and see me.

Please note that spaces are limited to 10.

Staff member/s running club: Mrs Bashforth

Day/time: Wednesday Place: D2

Couch to 5k

Looking after our physical and mental health has never been more important. All studies show that being outdoors and exercising is a great way to keep our minds and bodies healthy. This club follows the couch to 5k program, running around the beautiful areas and communities that surround our school. The club is suitable for all abilities and is a great way to be sociable and active. We also have a sneaky visit to the chip shop to celebrate our achievements in the last week.

Staff member/s running club: Mrs Vallance

Day/time: Tuesday Place: Meet in reception

Spanish as a second language

Do you study French and want to learn an additional language? Pop along to Spanish club and improve your communication skills in all three languages!

Staff member/s running club: Mr Broddle

Day/time: Wednesday Place: L1

Worldwide Culture Club

Does your family originate from a different country? Come along to Worldwide Culture Club- this will be your opportunity to teach others how to speak your language, celebrate your own culture, and maybe learn about some others, too!

Staff member/s running club: Mrs Ridgway

Day/time: Wednesday Place: L2

Year 8

JX10 Wednesday Mission Club

Fun, food, faith and friendship - these are all guaranteed at the Monday Mission Club!

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Staff member/s running club: Tammy

Day/time: Wednesday Place: S7

U14s Girls Football Academy

U14s Girls Football team, playing against other schools in Rotherham. (Please note that the Academy teams will be selected by the coaches/managers. It is therefore not an enrichment open to all students to sign up for, the PE department will identify the students involved.)

Staff member/s running club: Mrs Finney

Day/time: Thursday Place: Away at other schools

Netball Fixtures Y8, Y9 & Y10

(SELECTION ONLY)

Netball fixtures will start again this September. This will be through team selection only. Fixtures will be home and away at different schools in Rotherham. There will also be an opportunity to play in your year group's tournament.

Staff member/s running club: Miss Snell

Day/time: Wednesday Place: Home and Away

Year 8 Football Team

This is a selection only club. The team selected will represent the school against other local schools.

Staff member/s running club: Mr Geoghegan

Day/time: Wednesday Place: Field

All Years Rugby

This will be open to boys from all years. There will be festivals run by Rotherham Titans where we will go and play against other schools. When we receive the fixtures they will be added to the school calendar and displayed on posters in the sportshall.

Staff member/s running club: Mr Tattershall and Mr Russell

Day/time: Thursday Place: Herringthorpe Playing Fields

Learning Zone

Are you someone who struggles to revise? Are you someone who wants support from teachers or friends to revise? Would you benefit from a quiet space to get your work done? If the answer to any of these questions is 'yes', then Learning Zone is the place for you! Come and get support with revision techniques that actually work. Come and get support from teachers, older students, or your friends with learning you are finding tough. Come and get your work done before you get home, leaving you more free time to relax. Take your learning to the next level!

Staff member/s running club: Mr Lovell, Mrs Senior and friends!

Day/time: Monday - Friday Place: Library

Lacrosse

Calling all Year 7 and 8 students: Do you want to build your fitness, agility and coordination? Enhance your communication skills? Try a new team sport? POP Lacrosse is a mixed 5-a-side non-contact game with easy to understand rules; it is fast paced and fun to play. Join "the fastest game on two feet", pick up a stick and score some goals! Limited availability - book on early!

Staff member/s running club: Mrs Townson

Day/time: Tuesday Place: School field

Mindful Colouring Club

Come along to Mindful Colouring Club and enjoy 45 minutes of calm, exploring colour and pattern. Release yourself into the world of zen! Work from templates or design your own!

Staff member/s running club: Mrs Hamer

Day/time: Tuesday Place: Art Studio

Harmony Heights

Can you sing? Would you like to sing? Why not join our harmony group where we sing everything from the tune to the accompaniment? Who said you need instruments to make music when you have a bunch of voices working in harmony? It's a great way to meet new people, experience different song choices, build in confidence and self esteem and challenge your own abilities and talents. Ever wanted to take a vocal lead? Well now could be your chance. Sign up today and get involved in the musical life at St Bernard's, including our upcoming concerts and shows.

Staff member/s running club: Mrs Beck and Miss Giblin

Day/time: Tuesday Place: G3

Dance Troop

If you enjoy dancing why not join our dance troop? You will learn new techniques and styles of dancing including Irish and Street and it's a great way to spend your time and keep fit. You can develop your confidence, team building skills and share your own skills and talents with others. Whether you are a beginner or an advanced dancer you will learn new things, meet new people and have a good giggle in the process. This group provides fun, exciting and rewarding opportunities within the school and wider community. Before it's too late, give our dance troop a chance in your life. We'd love to see you!

Staff member/s running club: Mrs Ratcliffe

Day/time: Tuesday Place: Hall

Rockjam

Can you sing or play an instrument? Would you like to learn? If so, we need you!

Everybody is welcome, whether you are a beginner or an advanced performer. You will learn and play a variety of songs from all styles of music and will aim to get you involved in as many school performances and events as possible. You will meet new people and it is a great opportunity to mix with students from all years. You will be able to share and showcase your own talents and skills. If you are interested, please come for a trial and have a fun filled jam!

Staff member/s running club: Graham

Day/time: Thursday Place: G3

Musical Theatre

Can you sing, dance and act? Everybody is welcome and no experience is necessary. We will rehearse and develop a number of performances to go towards our school concerts, events and trips. Vocal and Musical Theatre is the place where you can boost your confidence, learn some performance techniques, develop a skill or learn a new one, meet amazing people and have endless fun!

Staff member/s running club: Mrs Beck & Mrs Ratcliffe

Day/time: Thursday Place: Hall

Under 14 Rugby Academy (Y7-9)

This will be a SELECTION only Rugby Academy U14s squad. The squad will play competitions against local schools.

Staff member/s running club: Mr Tattershall

Day/time: Thursday Place: PE

Anime Club

Interested in Japanese anime and manga? Want to meet like minded people while being introduced to new shows? Then this is the group for you! We'll be watching an episode (or two) each week from a variety of different shows and genres while also discussing and analysing the shows we're watching. There will also be the opportunity to learn more about Japanese life and culture and maybe learn a bit of the language too.

Staff member/s running club: Victoria

Day/time: Thursday Place: D3

The Fictionists

Do you love big books and you can not lie? If the answer is yes, then drop in to E1 on Wednesdays and become a part of, 'The Fictionists.' We are a book club committed to celebrating diverse voices in literature. All are welcome who bring an open mind!

Staff member/s running club: Miss Wan

Day/time: Wednesdays Place: E1

Football Club

A fun football session. Upgrade your individual skills and team play.

Staff member/s running club: Mr McCoy

Day/time: Wednesday Place: Field

Puzzles and Games Club

Come and play games like Uno, Kerplunk, Dobble, and more or have a go at a jigsaw. Challenge the Maths staff. Bring your friends or come and make new ones.

Staff member/s running club: Mr Randall and Mr Crichton

Day/time: Monday lunch Place: 1.4

Reading Club

Come and read books like The Dragon Sitter series, The Treehouse Storey Series and more with Mrs Doyle. Opportunities to engage with or even meet real life authors.

Staff member/s running club: Mrs Doyle

Day/time: Monday lunch time Place: 1.3

Trading Card Games Club

Interested in learning TCGs such as Pokemon, YuGiOh or Magic? Already interested but want a place to practise and get better, or simply have a place to discuss your favourite cards? Come on down to the TCG club, where we will host games and discussions, watch videos from the top content creators for these games, see what it takes to plan tournaments and play in these events, as well as looking at where we can play these games in the local community! Anyone is welcome!

Staff member/s running club: Mr Hill

Day/time: Monday - Room: TBC

Table Tennis

This is a wonderful opportunity for students who want to develop their Table Tennis skills (especially GCSE PE students). Students will receive professional coaching from Inclusive Ping Pong. This will also be a session for the St Bernard's Academy Table Tennis Team to train.

Staff member/s running club: Inclusive Ping Pong

Day/time: Monday Place: Sports Hall

Boxing

This is a wonderful opportunity for students to work with coaches from Millennium Boxing and learn some of the skills related to boxing in a safe and fun environment.

Staff member/s running club: Millennium Club Boxing

Day/time: Monday Place: Activity Studio

Disney Film Club

Do you want to relax at the end of the day and be transported to somewhere else outside of the classroom? Come and watch your favourite Disney movies for a wind down and a chance to meet new friends.

"All our dreams can come true, if we have the courage to pursue them." - Walt Disney

Staff member/s running club: Mrs Graham

Day/time: Tuesday Place: 2.2

U14/16s Girls Football Academy

U14/U16s Girls Football team, playing against other schools in Rotherham. (Please note that the Academy teams will be selected by the coaches/managers. It is therefore not an enrichment open to all students to sign up for, the PE department will identify the students involved.)

Staff member/s running club: Mrs Finney

Day/time: Thursday Place: Away at other schools

Netball Fixtures Y8, Y9 & Y10

(SELECTION ONLY)

Netball fixtures will start again this September. This will be through team selection only. Fixtures will be home and away at different schools in Rotherham. There will also be an opportunity to play in your year group's tournament.

Staff member/s running club: Miss Snell

Day/time: Wednesday Place: Home and Away

Year 9 Football Team

This is a selection only club. The team selected will represent the school against other local schools.

Staff member/s running club: Mr Altariva

Day/time: Wednesday Place: Field

All Years Rugby

This will be open to boys from all years. There will be festivals run by Rotherham Titans where we will go and play against other schools. When we receive the fixtures they will be added to the school calendar and displayed on posters in the sportshall.

Staff member/s running club: Mr Tattershall and Mr Russell

Day/time: Thursday Place: Herringthorpe Playing Fields

Planet Earth

We will look at the Planet Earth series and then do some further research about what we see, linking our observations to what we are learning.

Staff member/s running club: Mrs Riches

Day/time: Tuesday Place: 2.7

Harmony Heights

Can you sing? Would you like to sing? Why not join our harmony group where we sing everything from the tune to the accompaniment? Who said you need instruments to make music when you have a bunch of voices working in harmony? It's a great way to meet new people, experience different song choices, build in confidence and self esteem and challenge your own abilities and talents. Ever wanted to take a vocal lead? Well now could be your chance. Sign up today and get involved in the musical life at St Bernard's, including our upcoming concerts and shows.

Staff member/s running club: Mrs Beck and Miss Giblin

Day/time: Tuesday Place: G3

Learning Zone

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Staff member/s running club: Mr Lovell, Mrs Senior and friends!

Day/time: Monday - Friday Place: Library

Dance Troop

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Staff member/s running club: Mrs Ratcliffe

Day/time: Tuesday Place: Hall

Rockjam

Can you sing or play an instrument? Would you like to learn? If so, we need you!

Everybody is welcome, whether you are a beginner or an advanced performer. You will learn and play a variety of songs from all styles of music and will aim to get you involved in as many school performances and events as possible. You will meet new people and it is a great opportunity to mix with students from all years. You will be able to share and showcase your own talents and skills. If you are interested, please come for a trial and have a fun filled jam!

Staff member/s running club: Graham

Day/time: Thursday Place: G3

Musical Theatre

Can you sing, dance and act? Everybody is welcome and no experience is necessary. We will rehearse and develop a number of performances to go towards our school concerts, events and trips. Vocal and Musical Theatre is the place where you can boost your confidence, learn some performance techniques, develop a skill or learn a new one, meet amazing people and have endless fun!

Staff member/s running club: Mrs Beck & Mrs Ratcliffe

Day/time: Thursday Place: Hall

JX10 Monday Mission Club

Fun, food, faith and friendship - these are all guaranteed at the Monday Mission Club!

Our aim is to make a positive difference to others, whether they are in our school, in our community or somewhere in our world.

What you do always makes a difference, you just have to decide what kind of difference you want to make. Let's try and make our world a better place to be.

Staff member/s running club: Tammy

Day/time: Monday Place: S7

U14 Rugby Academy (Y7-9)

This will be a SELECTION only Rugby Academy U14s squad. The squad will play competitions against local schools.

Staff member/s running club: Mr Tattershall

Day/time: Thursday Place: PE

What's the Big Idea?

What makes us human? Can we know what happiness is without sadness? Can we understand good without evil? What's the best thing about being alive right now? Which historical period would you like to have lived through? Should celebrities have such a big influence on our culture? What rights should animals have? What's the real purpose of life? Why do humans create art? Which matters most - the journey or the destination?

If you have a question you'd like an answer to, or an opinion you'd like to share then come along and debate some of these big issues on our podcast: 'What's the big idea?'. We will discuss and debate using our oracy skills to explore and delve into the big topics of today. You can bring your own questions and ideas to debate - as well as learning how to structure and lead a debate. We will record these discussions as a podcast to share with our listeners - opening up the floor for more questions and ideas! This club is an opportunity for you to express your own perspective as well as learning from others.

Staff member/s running club: Mrs Thackery

Day/time: Tuesday Place: S7

Puzzles and Games Club

Come and play games like Uno, Kerplunk, Dobble, and more or have a go at a jigsaw. Challenge the Maths staff. Bring your friends or come and make new ones.

Staff member/s running club: Mrs Singleton

Day/time: Monday lunch Place: 1.4

Reading Club

Come and read books like The Dragon Sitter series, The Treehouse Storey Series and more with Mrs Doyle. Opportunities to engage with or even meet real life authors.

Staff member/s running club: Mrs Doyle

Day/time: Monday lunch time Place: 1.3

Duke of Edinburgh

Join us at St. Bernard's for the Duke of Edinburgh (DofE) Bronze Award. There are four sections to complete at Bronze. They involve helping the community/environment, becoming fitter, developing new skills, planning, training for and completing an expedition. Through a DofE programme you will have fun, make friends, improve your self-esteem and build confidence. You will gain essential skills and attributes for work and life such as resilience, problem-solving, team-working, communication and drive, enhancing CVs and uni and job applications. Top employers recognise the work-ready skills Award holders bring to their business.

Staff member/s running club: Mrs Barber and Mr Hunt

Day/time: Wednesday Place: S4

Table Tennis

This is a wonderful opportunity for students who want to develop their Table Tennis skills (especially GCSE PE students). Students will receive professional coaching from Inclusive Ping Pong. This will also be a session for the St Bernard's Academy Table Tennis Team to train.

Staff member/s running club: Inclusive Ping Pong

Day/time: Monday Place: Sports Hall

Boxing

This is a wonderful opportunity for students to work with coaches from Millennium Boxing and learn some of the skills related to boxing in a safe and fun environment.

Staff member/s running club: Millennium Club Boxing

Day/time: Monday Place: Activity Studio

JX10 Monday Mission Club

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Staff member/s running club: Tammy

Day/time: Monday Place: S7

Badminton

Come along and try a new sport or develop your existing skills in badminton. Students of all abilities are welcome to join the club. It will help with your fitness levels, improve hand to eye coordination, help you meet new friends and have fun at the end of a school day. School will provide all of the equipment that you will need, though you may bring your own racket if you wish. School PE kit will need to be worn during badminton enrichment. (Please note that spaces are limited to a maximum of 15 students.)

Staff member/s running club: Mr King

Day/time: Tuesday Place: Sports Hall

Future Chef

If you're a keen and confident cook who loves food, then taking part in the National 'Future Chef' Competition could be for you! With numerous rounds of the competition including school, local and regional heats, there are lots of opportunities to get involved and learn some new skills. We will be working with an Industry Chef to teach us the tips and tricks of the catering trade.

Please note that weekly attendance will be required and some ingredients will need to be provided.

Staff member/s running club: Mrs Barnett

Day/time: Tuesday Place: D4

Health & Social Care

This will give our Health and Social Care students the opportunity to improve their coursework, as well as learn about careers within H&SC/NHS, and how to communicate with a variety of different people, e.g. via makaton or BSL.

Staff member/s running club: Mrs Finney

Day/time: Tuesday Place: D3

Year 10

Physics Booster

This is a support session to boost your Physics knowledge. We will look at careers linked to Physics. We will also review some of the Physics content with space to ask questions, quizzes to answer questions and practical activities to develop your understanding of Physics as a whole.

Staff member/s running club: Miss Leckey and Mrs Pope

Day/time: Tuesday Place: S6 and S1

U16s Girls Football Academy

U16s Girls Football team, playing against other schools in Rotherham. (Please note that the Academy teams will be selected by the coaches/managers. It is therefore not an enrichment open to all students to sign up for, the PE department will identify the students involved.)

Staff member/s running club: Mrs Finney

Day/time: Thursday Place: Away at other schools

Netball Fixtures Y8, Y9 & Y10

(SELECTION ONLY)

Netball fixtures will start again this September. This will be through team selection only. Fixtures will be home and away at different schools in Rotherham. There will also be an opportunity to play in your year group's tournament.

Staff member/s running club: Miss Snell

Day/time: Wednesday Place: Home and Away

Year 10 Football Team

This is a selection only club. The team selected will represent the school against other local schools.

Staff member/s running club: Manager Mr Mason, Assistant Manager Mr Clement

Day/time: Wednesday Place: Field

All Years Rugby

This will be open to boys from all years. There will be festivals run by Rotherham Titans where we will go and play against other schools. When we receive the fixtures they will be added to the school calendar and displayed on posters in the sportshall.

Staff member/s running club: Mr Tattershall and Mr Russell

Day/time: Thursday Place: Herringthorpe Playing Fields

Learning Zone

Are you someone who struggles to revise? Are you someone who wants support from teachers or friends to revise? Would you benefit from a quiet space to get your work done? If the answer to any of these questions is 'yes', then Learning Zone is the place for you! Come and get support with revision techniques that actually work. Come and get support from teachers, older students, or your friends with learning you are finding tough. Come and get your work done before you get home, leaving you more free time to relax. Take your learning to the next level!

Staff member/s running club: Mr Lovell, Mrs Senior and friends!

Day/time: Monday - Friday Place: Library

Brilliant Biology Boosters

This is your chance to boost your biology knowledge and understanding. What we do will be guided by you. If you want to grow microbes, dissect organs or find out more about careers in biology related areas this is the club for you.

Staff member/s running club: Mrs Shaw

Day/time: Wednesday Place: S5

Harmony Heights

Can you sing? Would you like to sing? Why not join our harmony group where we sing everything from the tune to the accompaniment? Who said you need instruments to make music when you have a bunch of voices working in harmony? It's a great way to meet new people, experience different song choices, build in confidence and self esteem and challenge your own abilities and talents. Ever wanted to take a vocal lead? Well now could be your chance. Sign up today and get involved in the musical life at St Bernard's, including our upcoming concerts and shows.

Staff member/s running club: Mrs Beck and Miss Giblin

Day/time: Tuesday Place: G3

Dance Troop

If you enjoy dancing why not join our dance troop? You will learn new techniques and styles of dancing including Irish and Street and it's a great way to spend your time and keep fit. You can develop your confidence, team building skills and share your own skills and talents with others. Whether you are a beginner or an advanced dancer you will learn new things, meet new people and have a good giggle in the process. This group provides fun, exciting and rewarding opportunities within the school and wider community. Before it's too late, give our dance troop a chance in your life. We'd love to see you!

Staff member/s running club: Mrs Ratcliffe

Day/time: Tuesday Place: Hall

Rockjam

Can you sing or play an instrument? Would you like to learn? If so, we need you!

Everybody is welcome, whether you are a beginner or an advanced performer. You will learn and play a variety of songs from all styles of music and will aim to get you involved in as many school performances and events as possible. You will meet new people and it is a great opportunity to mix with students from all years. You will be able to share and showcase your own talents and skills. If you are interested, please come for a trial and have a fun filled jam!

Staff member/s running club: Graham

Day/time: Thursday Place: G3

Musical Theatre

Can you sing, dance and act? Everybody is welcome and no experience is necessary. We will rehearse and develop a number of performances to go towards our school concerts, events and trips. Vocal and Musical Theatre is the place where you can boost your confidence, learn some performance techniques, develop a skill or learn a new one, meet amazing people and have endless fun!

Staff member/s running club: Mrs Beck & Mrs Ratcliffe

Day/time: Thursday Place: Hall

Y10 Physics Booster

Physics support to include going over content and exam technique

Staff member/s running club: Mrs Pope

Day/time: Tuesday Place: S1

U16 Rugby Academy

This will be a SELECTION only Rugby Academy U16s squad. The squad will play competitions against local schools.

Staff member/s running club: Mr Tattershall

Day/time: Thursday Place: PE

Table Tennis

This is a wonderful opportunity for students who want to develop their Table Tennis skills (especially GCSE PE students). Students will receive professional coaching from Inclusive Ping Pong. This will also be a session for the St Bernard's Academy Table Tennis Team to train.

Staff member/s running club: Inclusive Ping Pong

Day/time: Monday Place: Sports Hall

Boxing

This is a wonderful opportunity for students to work with coaches from Millennium Boxing and learn some of the skills related to boxing in a safe and fun environment.

Staff member/s running club: Millennium Club Boxing

Day/time: Monday Place: Activity Studio

Girls Football Academy

This will be a SELECTION only girls Football Academy U16s squad. The squad will play competitions against local schools

Staff member/s running club: Mr Tattershall

Day/time: Wednesday Place: PE

Y11 Football Team

This is a selection only club. The team selected will represent the school against other local schools.

Staff member/s running club: Mr Dobbs

Day/time: Wednesday Place: Field

All Years Rugby

This will be open to boys from all years. There will be festivals run by Rotherham Titans where we will go and play against other schools. When we receive the fixtures they will be added to the school calendar and displayed on posters in the sportshall.

Staff member/s running club: Mr Tattershall and Mr Russell

Day/time: Thursday Place: Herringthorpe Playing Fields

Learning Zone

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Staff member/s running club: Mr Lovell, Mrs Senior and friends!

Day/time: Monday - Friday Place: Library

Musical Theatre

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Staff member/s running club: Mrs Beck & Mrs Ratcliffe

Day/time: Thursday Place: Hall

U16 Rugby Academy (Y10-11)

This will be a SELECTION only Rugby Academy U16s squad. The squad will play competitions against local schools

Staff member/s running club: Mr Tattershall

Day/time: Thursday Place: PE

Girls Football Academy

This will be a SELECTION only girls Football Academy U16s squad. The squad will play competitions against local schools

Staff member/s running club: Mr Tattershall

Day/time: Wednesday Place: PE

Table Tennis

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Staff member/s running club: Inclusive Ping Pong

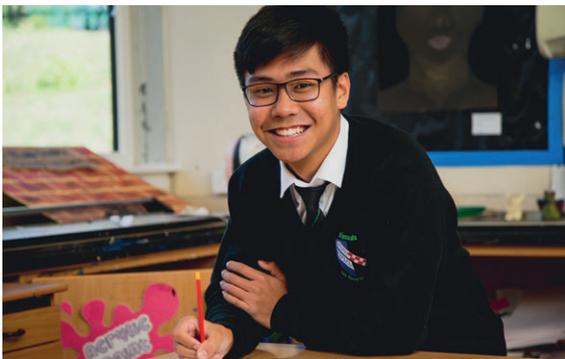
Day/time: Monday Place: Sports Hall

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Staff member/s running club: Millennium Club Boxing

Day/time: Monday Place: Activity Studio



Year 11





DIocese of HALLAM



St Bernard's Catholic High School

Herringthorpe Valley Road, Rotherham S65 3BE

Tel: 01709 828 183 (*Reception Desk*)